

How to Replace High-Top Sneakers' Shoelaces Using the Ukrainian Method

This guide will display how to unlace high top shoes and how to replace them. The Ukrainian lacing pattern will be used, creating two anchored top knots.

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INTRODUCTION

This guide will display how to unlace high top shoes and how to replace them. The Ukrainian lacing pattern will be used, creating two anchored top knots. This design has a set of base knots that make the shoes easy to lace and easy to wear.

Step 1 — Shoelace



 Starting with the top eyelets on the right shoe, remove the first two sides of the lace on both sides.

Step 2



 Continue removing the lace from each side's eyelets until the shoe reaches the last eyelet set.



 Remove the entire lace through either the right or left outlet.

Step 4



 Set aside old lace to be recycled or cleaned.

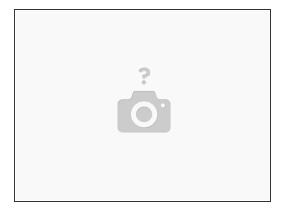


Repeat Steps 1-4 with the left shoe.

Step 6



 Push the lip of the right shoe downward, so it is flush with the insole.



Obtain one new lace.

Step 8



 Find the approximate center of the lace and pinch it between your right index finger and thumb.



 Starting from inside the right shoe, place the center of the lace between the center of the top eyelets.

Step 10



 Pull the left end of the lace through the top left eyelet.



 Pull the right end of the lace through the top right eyelet.

Step 12



 Leave an approx. 4" loop of slack lace at each side of the top eyelets, starting with the left side.



Form the right 4" loop.

Step 14

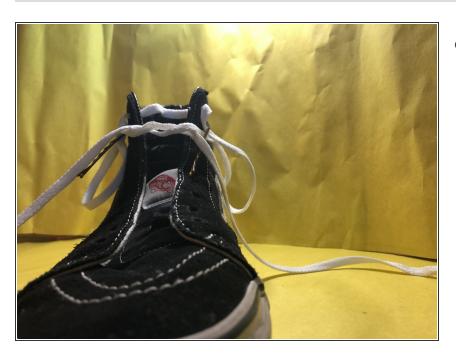


 Tie a Starting Knot after securing the 4" loops with clips. Start by crossing the left lace over the right.

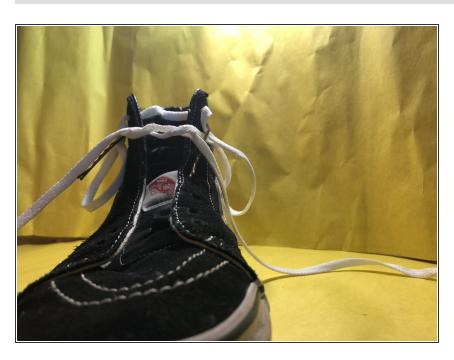


 Wrap the right lace around the front of the left lace, the right lace should end up at the back of the gap between laces.

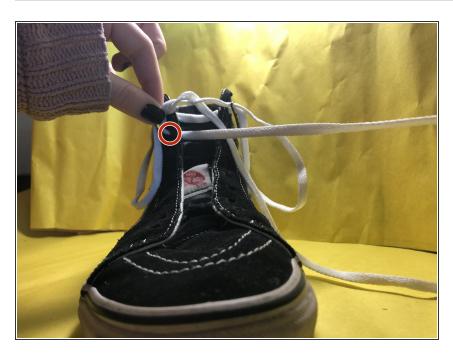
Step 16



 Pull the right lace through the gap towards the front.



 Pull both ends of the lace to tighten, without removing the 4" loops.

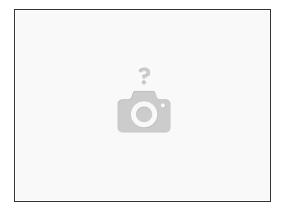


 Pull the lace coming from the left side of the Starting Knot through the second left eyelet towards the inside of the shoe, without removing the 4" loop.

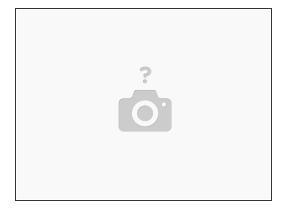


 Pull the lace coming from the right side of the Starting Knot through the second right eyelet towards the inside of the shoe, without removing the 4" loop.

Step 20

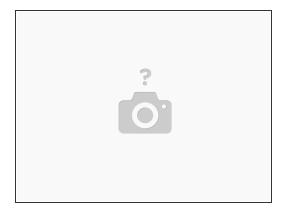


 Pull the rightmost lace end across the shoe from the right second eyelet diagonally to the left third eyelet.



 Pull the leftmost lace end across the shoe from the left second eyelet diagonally to the right third eyelet.

Step 22



Pull both lace ends through the top of the third eyelets.

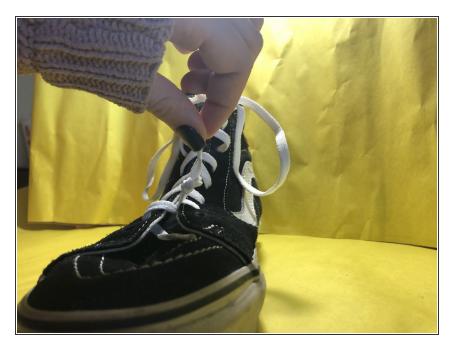


 Repeat steps 16-18 until the last two eyelets are reached.

Step 24



 Tie two Stopper Knots on both ends of the lace at the last eyelets. Start by grabbing the right lace end and forming a small loop.

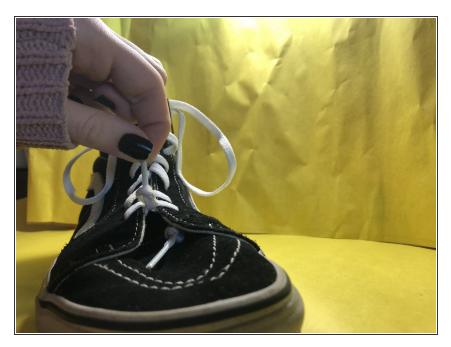


 Bring the lace end through the back of the loop.

Step 26

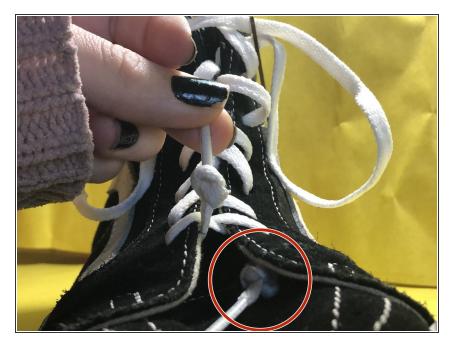


 Tighten by pulling on the end of the lace.



 Repeat the Stopper Knot steps with the left lace end.

Step 28



- Tuck the Stopper Knots over the lip and under the eyelets.
- Ensure the end of the lace is also tucked underneath the eyelets.



 Take out the clips holding the top two 4" loops and tie the shoe regularly.

To reassemble your sneaker, follow these instructions in reverse order.