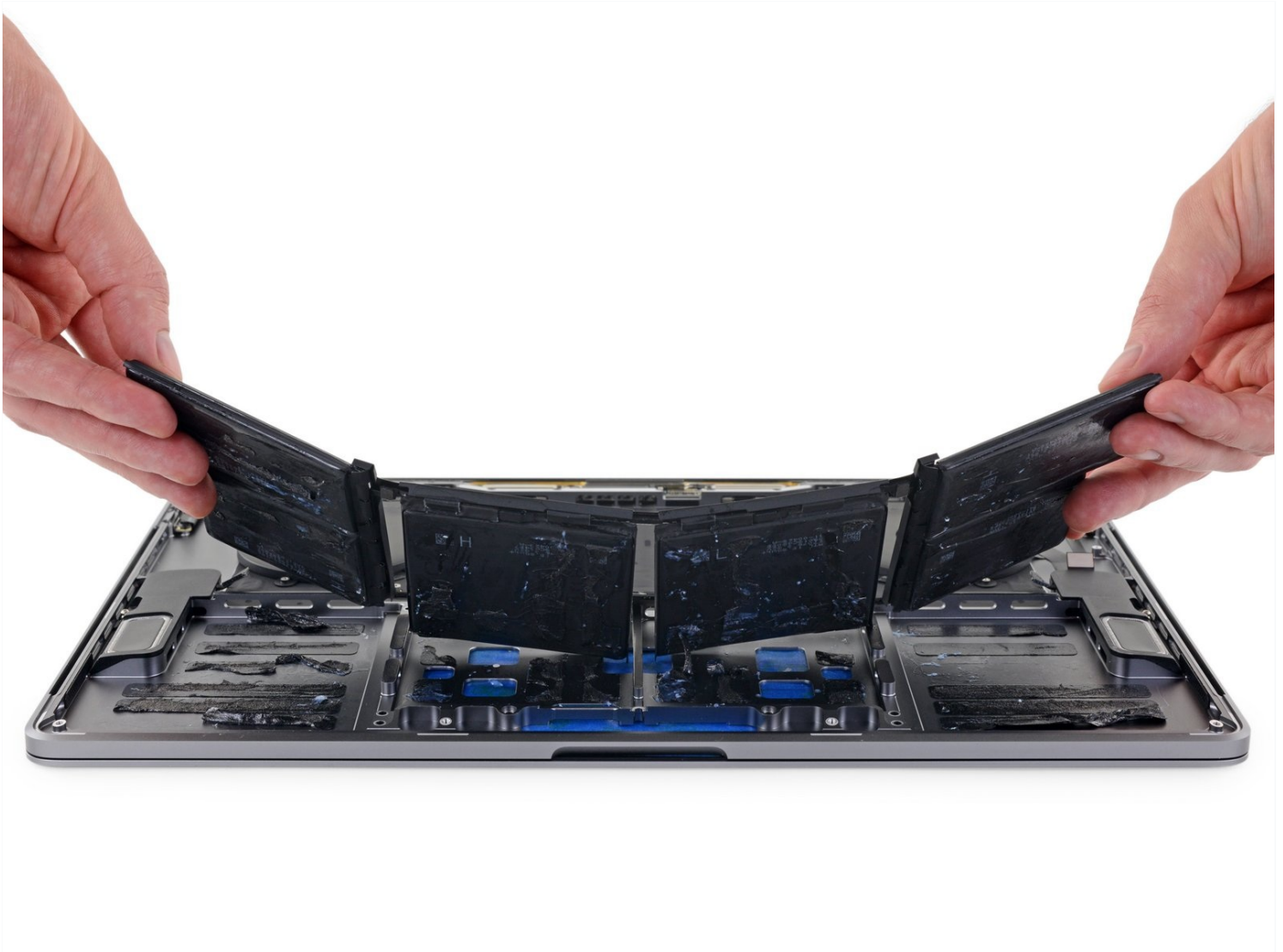




MacBook Pro 15" Touch Bar 2019 Battery Replacement

Follow these instructions to safely remove the...

Written By: Jeff Suovanen



INTRODUCTION

Follow these instructions to safely remove the glued-in battery from your MacBook Pro using an iFixit kit with adhesive remover. The liquid solvent in the kit dissolves the adhesive securing the battery, allowing you to remove it more easily.

iFixit adhesive remover is flammable—use it in a well-ventilated area, and do not smoke or work near an open flame.

To minimize risk of damage, turn on your MacBook and allow the battery to fully discharge before starting this procedure. A charged lithium-ion battery can be very dangerous if accidentally punctured. [If your battery looks puffy or swollen, take extra precautions.](#)

Note: The solvent used to dissolve the battery adhesive can damage certain plastics. Follow all instructions and take care where you apply the adhesive remover.



TOOLS:

P5 Pentalobe Screwdriver Retina MacBook Pro and Air (1)

Suction Handle (1)

iFixit Opening Picks (Set of 6) (1)

Spudger (1)

Tweezers (1)

T5 Torx Screwdriver (1)

T3 Torx Screwdriver (1)

iOpener (1)

(Optional)

TR8 Torx Security Screwdriver (1)

iFixit Adhesive Remover (1)

Safety Glasses (1)

Nitrile Gloves 100 Box (1)

P2 Pentalobe Screwdriver iPhone (1)



PARTS:

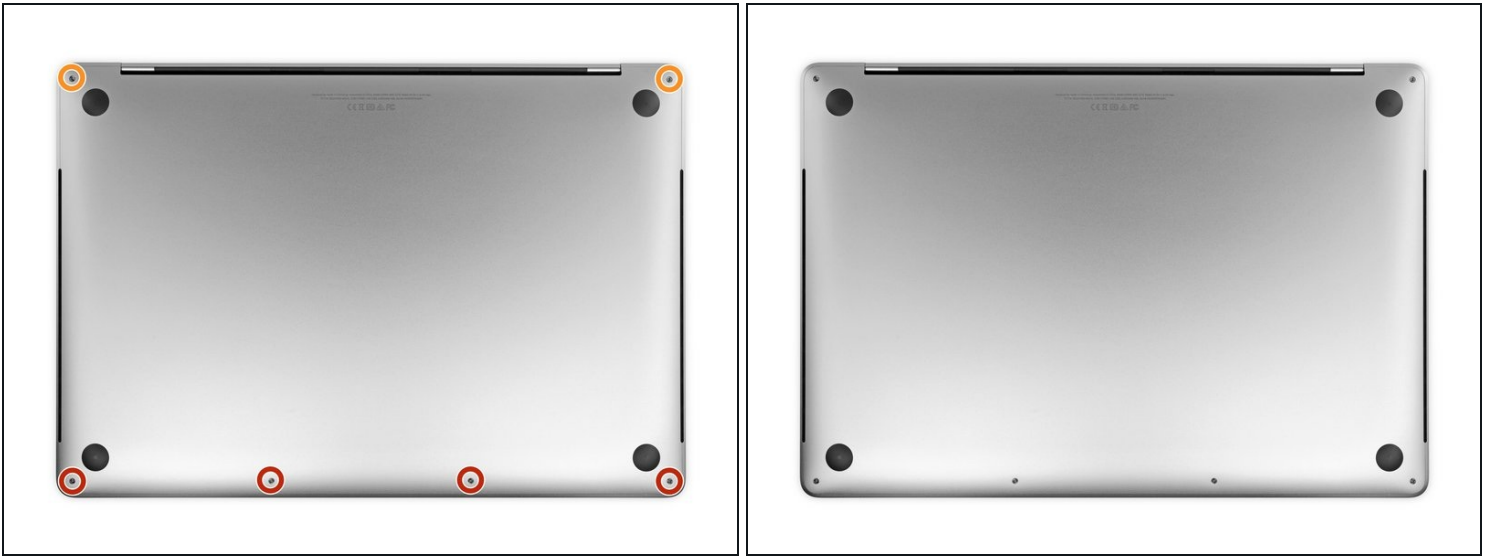
MacBook Pro 15" Retina (Mid 2018-2019) Battery (1)

Step 1 — Disable Auto Boot



- ① Before starting this procedure, you must disable your Mac's **Auto Boot** feature. Auto Boot powers on your Mac when you open the lid, and may be accidentally triggered during disassembly. [Use this guide](#) or follow the abbreviated instructions below to disable Auto Boot. *This command may not work on all Macs.*
 - Power on your Mac and launch **Terminal**.
 - Copy and paste the following command (or type it exactly) into Terminal:
 - **sudo nvram AutoBoot=%00**
 - Press **[return]**. If prompted, enter your administrator password and press **[return]** again. *Note: Your return key may also be labeled ↵ or "enter."*
- ① You can now safely power down your Mac and open the bottom case, without it accidentally powering on.
- ★ When your repair is complete and your Mac is successfully reassembled, re-enable Auto Boot with the following command:
 - **sudo nvram AutoBoot=%03**

Step 2 — Lower Case



⚠ Completely power off and unplug your MacBook Pro before you start. Close the display and flip the entire laptop upside-down.

- Use a P5 Pentalobe driver to remove six screws securing the lower case, of the following lengths:
 - Four 4.7 mm screws
 - Two 6.6 mm screws
- ☑ Note how the screws come out at a slight angle—you must reinstall them the same way.
- ☑ Throughout this repair, [keep track of each screw](#) and make sure it goes back exactly where it came from to avoid damaging your device.

Step 3



- Press a suction handle into place near the front edge of the lower case, between the screw holes.
- Pull up on the suction handle just enough to open a small gap under the lower case.

Step 4



- Slide the corner of an opening pick into the gap you just created underneath the lower case.
- Slide the opening pick around the nearest corner and then halfway up the side of the MacBook Pro.
 - ⓘ This releases the first of the hidden clips securing the lower case. You should feel and hear the clip pop free.

Step 5



- Repeat the previous step on the other side, using an opening pick to release the second clip.

Step 6

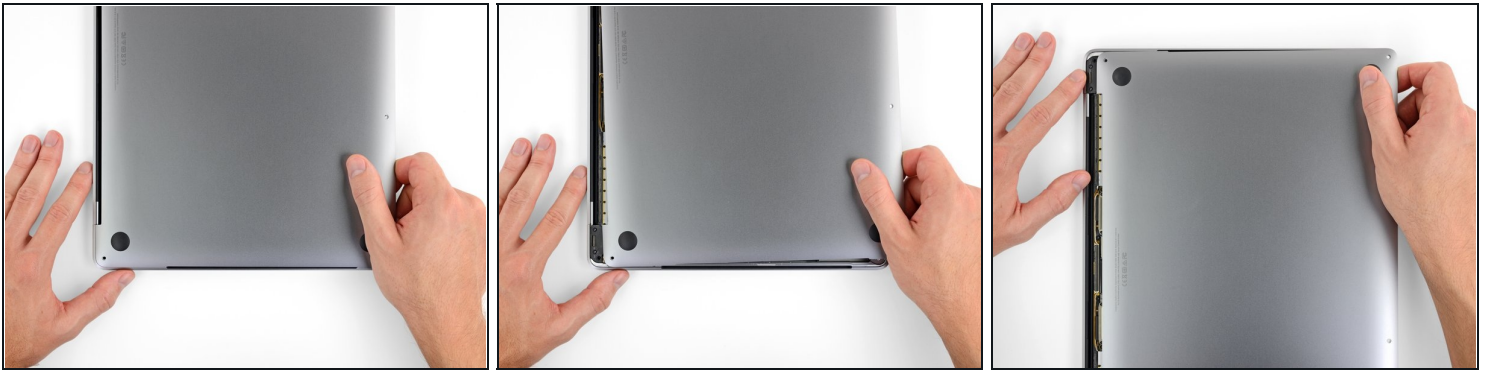


- Lift the front edge of the lower case (the side opposite the display hinge) enough to slide your fingertips underneath and get a good grip on it.

- ① Two additional hidden clips near the middle of the cover should pop free at this point, if they haven't already.


⚠ Don't lift more than an inch or so, and don't try to remove the lower case yet.

Step 7

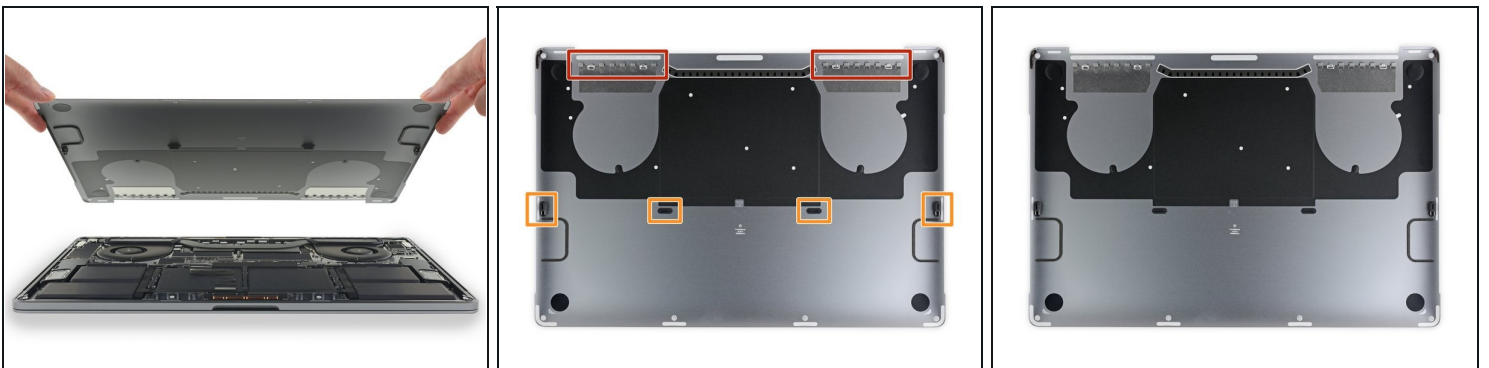


- Pull firmly to slide the lower case towards the front edge of the MacBook (away from the hinge area) to separate the last of the clips securing the lower case.
- Pull first at one corner, then the other.

 Pull to the side—not up.

 This may require a lot of force.

Step 8

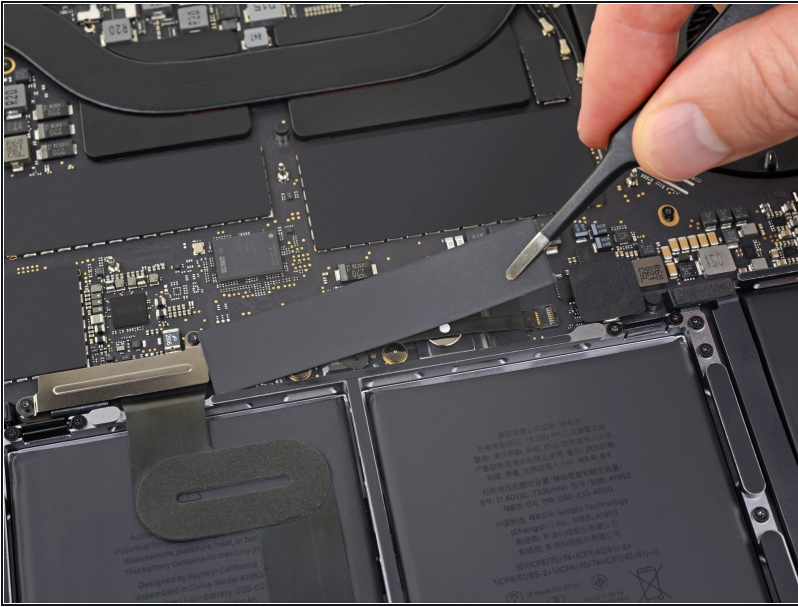


- Remove the lower case.

 To reinstall the lower case:

- [Set it in place](#) and align the sliding clips near the display hinge. Press down and slide the cover toward the hinge. It should stop sliding as the clips engage.
- When the sliding clips are fully engaged and the lower case looks correctly aligned, press down firmly on the lower case to engage the four hidden clips underneath. You should feel and hear them snap into place.

Step 9 — Battery Connector



- Peel up and remove the insulating sticker covering the battery board, on the edge of the logic board nearest the battery.
- If the cover doesn't peel up easily, apply mild heat with an iOpener, hair dryer, or heat gun to soften the adhesive underneath, and try again.

✦ If the cover doesn't seat securely during reassembly, try rotating it 180 degrees. It must be oriented correctly in order for the adhesive pads underneath to contact the board screws.

Step 10



- Peel back any tape covering the battery board data cable connector.
- Use a spudger to gently pry up the locking flap on the [ZIF connector](#) for the battery board data cable.

Step 11



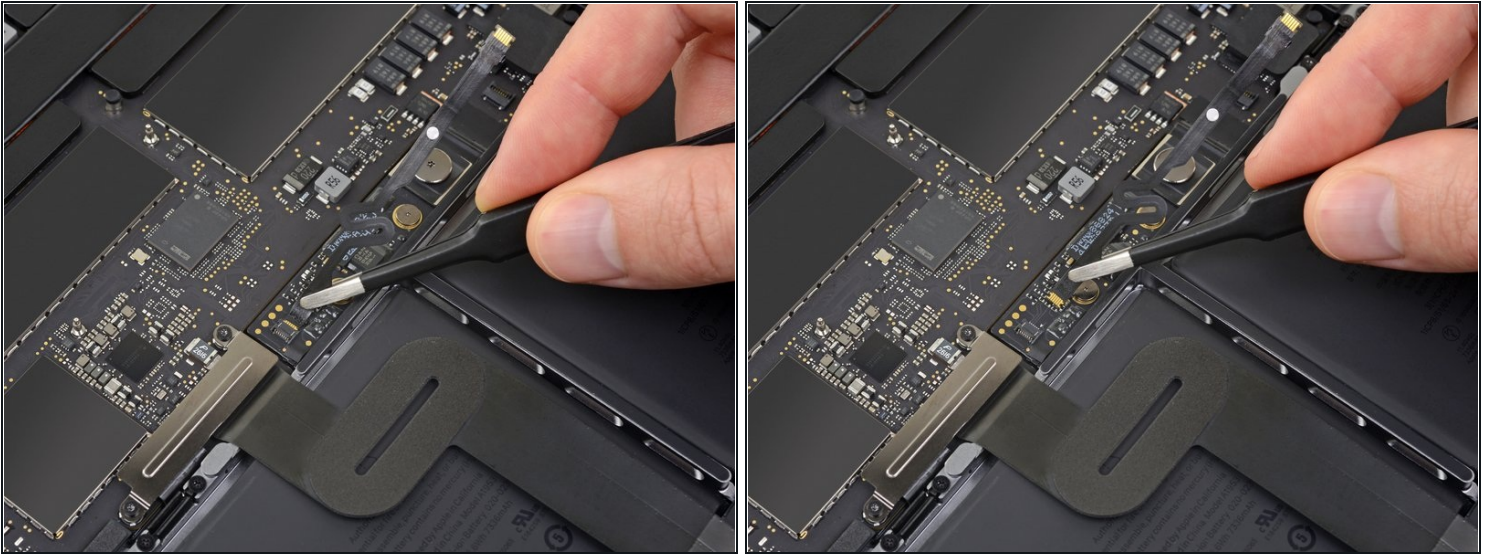
- Disconnect the battery board data cable by sliding it out from its socket on the logic board.
- Slide parallel to the logic board, in the direction of the cable.

Step 12



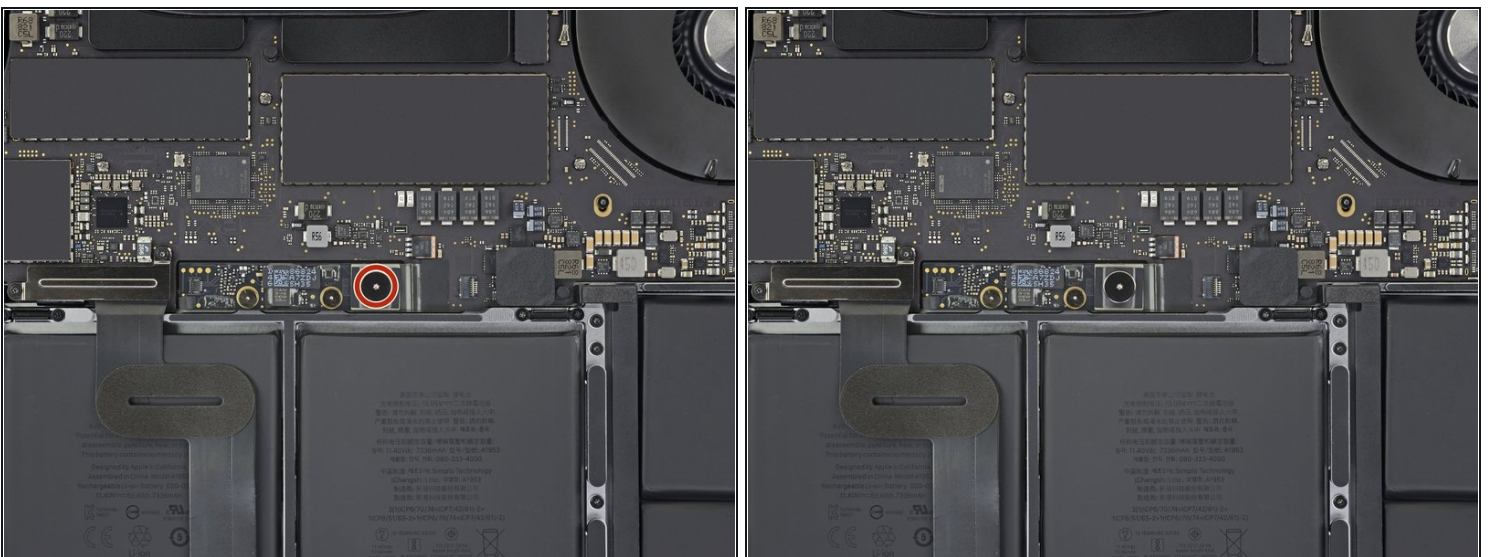
- Pry up and disconnect the locking flap on the connector at the opposite end of the battery board data cable.

Step 13



- Slide the battery board data cable out of its socket on the battery board, and remove it completely.
- ☑ Take care not to install this cable backwards or upside-down. When installed correctly, the white liquid indicator sticker should face up, positioned directly over the battery power connector screw.

Step 14



- Use a T5 Torx driver to remove the 3.7 mm pancake screw securing the battery power connector.

Step 15



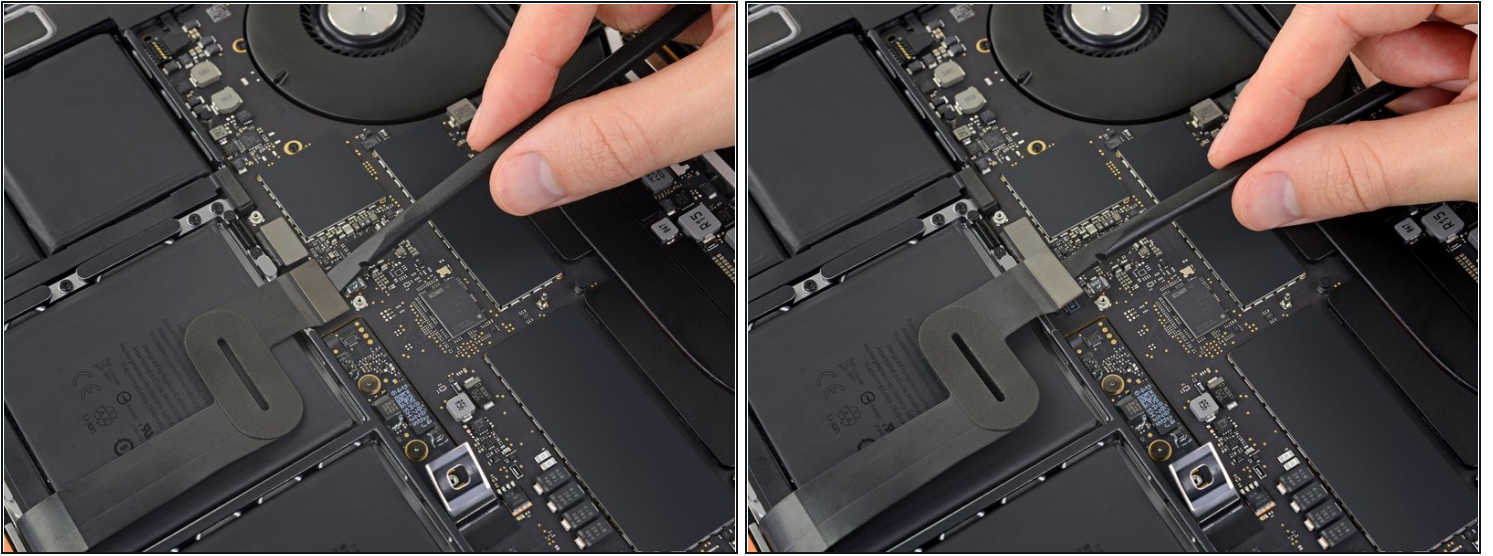
- Use a spudger to lift the battery power connector, disconnecting the battery.
⚠ Lift the connector high enough to keep it separated from its socket while you work. If it accidentally makes contact, it could damage your MacBook Pro.

Step 16 — Trackpad Assembly



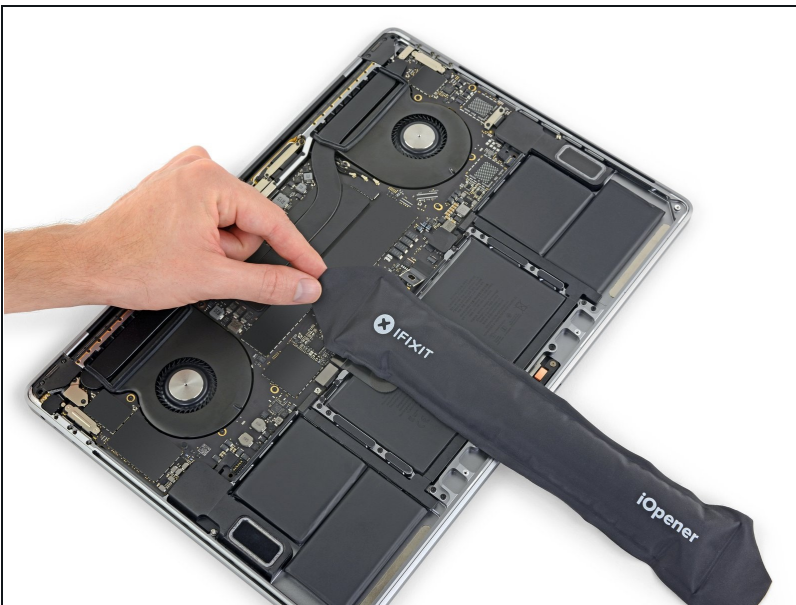
- Use a T3 Torx driver to remove the two 1.9 mm screws securing the cover bracket for the keyboard and trackpad cable connectors.
- Remove the bracket.

Step 17



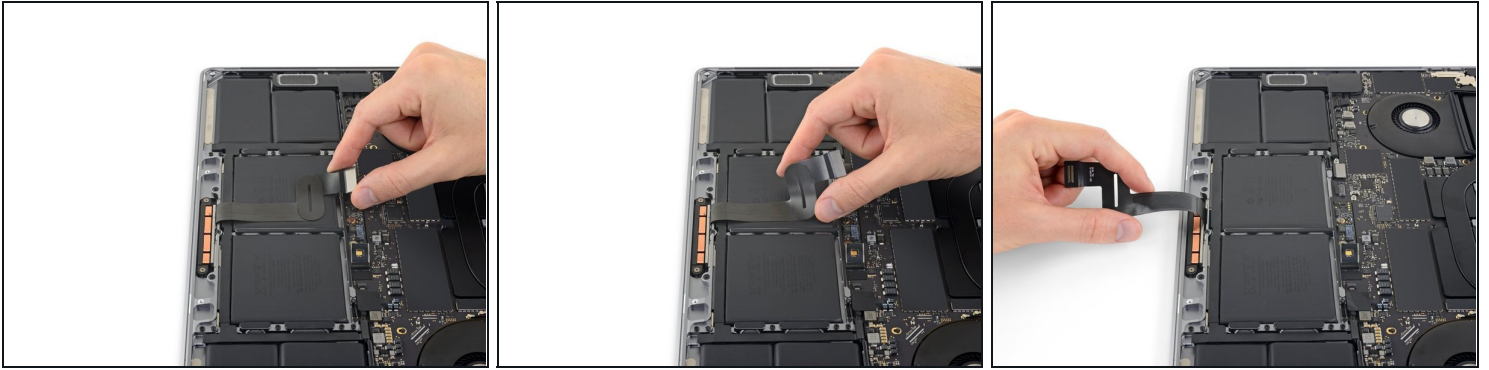
- Use a spudger to disconnect the trackpad cable by prying its connector straight up from the logic board.

Step 18



- Apply mild heat to the trackpad ribbon cable to soften the adhesive securing it to the battery.
⚠ You can use an iOpener, hair dryer, or heat gun, but be careful not to overheat the battery. The cable should be warm, but not too hot to touch.

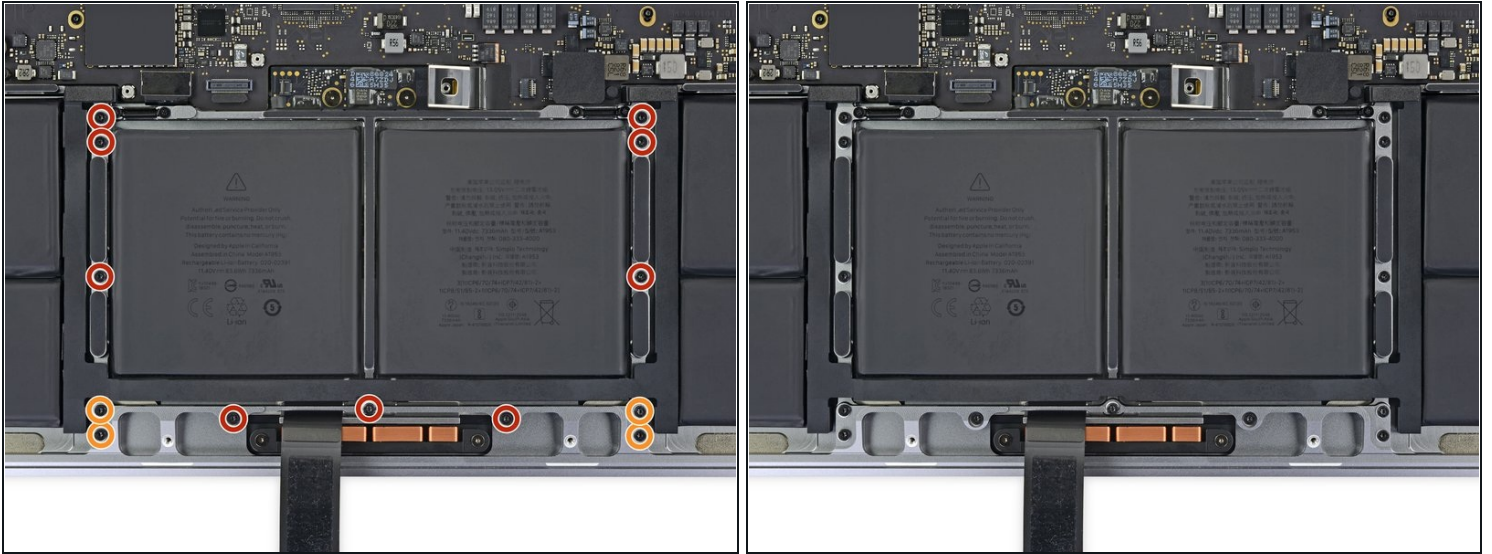
Step 19



- Carefully peel the trackpad cable up off the battery, and push it out of the way.

⚠ Don't crease or tear the cable. If you have trouble, don't force it—apply more heat and try again.

Step 20



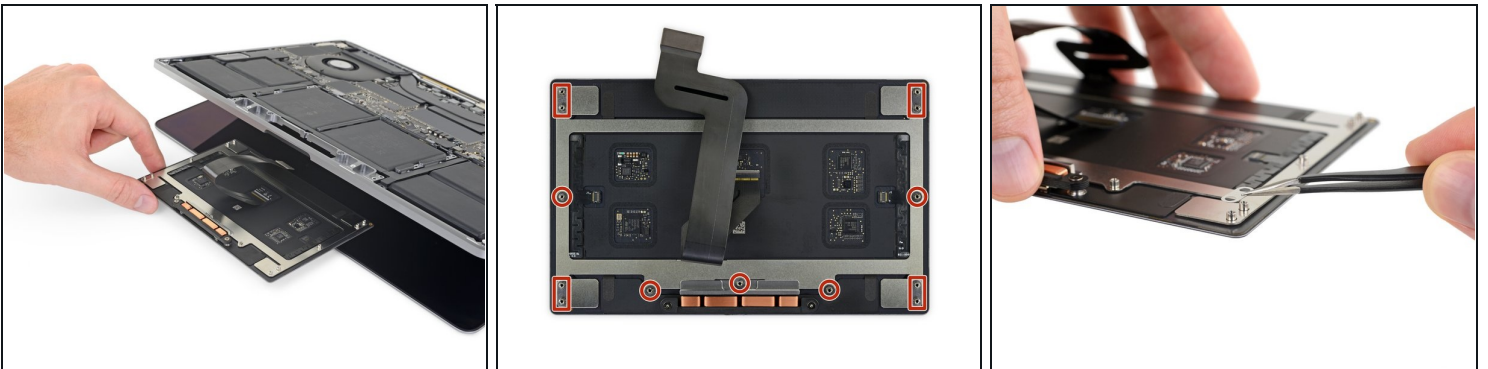
- Use a T5 Torx driver to remove the 13 screws securing the trackpad assembly:
 - Nine 5.8 mm screws
 - Four 4.9 mm screws
- ☑ These screws all look similar—be careful not to mix them up.
- ☑ Adding a little blue threadlocker to the screw threads during reassembly can help prevent the screws from working themselves loose over time.
- ☑ Install the screws loosely at first, and then check the trackpad alignment before tightening them down.

Step 21



- Swing the display open slightly, but keep the MacBook upside-down. The trackpad assembly should separate and lay flat on the display.
- Carefully feed the trackpad's ribbon cable through its slot in the chassis.

Step 22



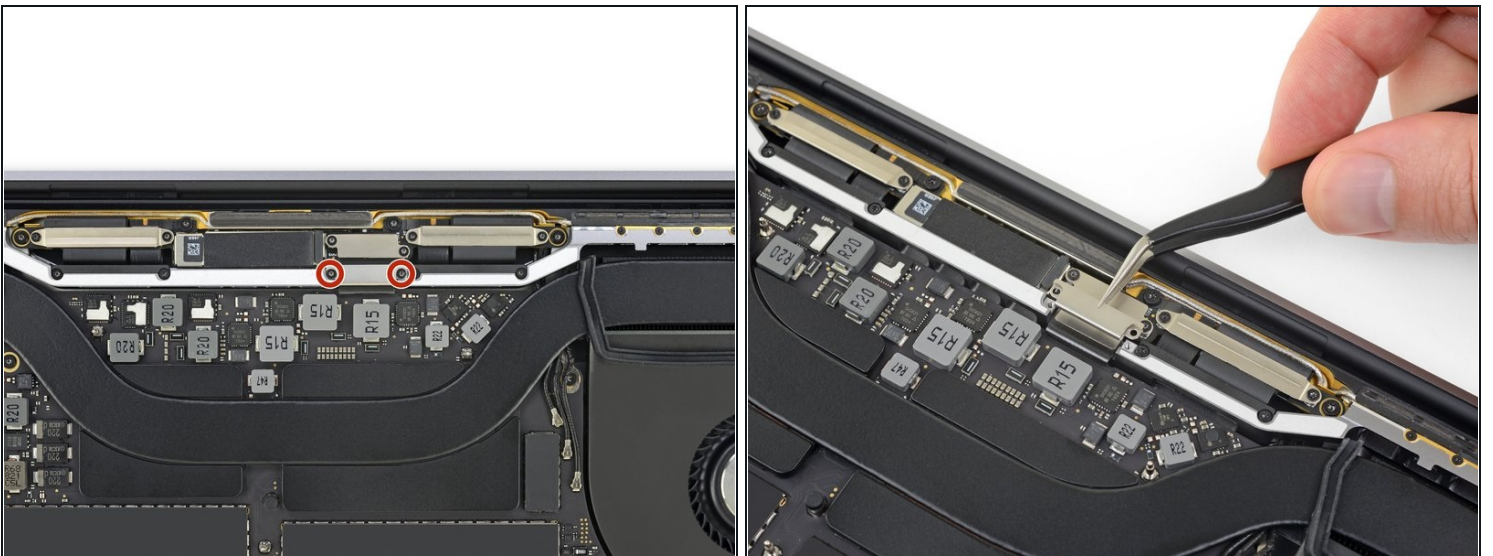
- As you remove the trackpad assembly, be very careful not to lose the nine small metal washers resting on the screw posts. (They will fly off and get lost with very little provocation.)
- Remove the trackpad assembly.

Step 23 — Logic Board Assembly



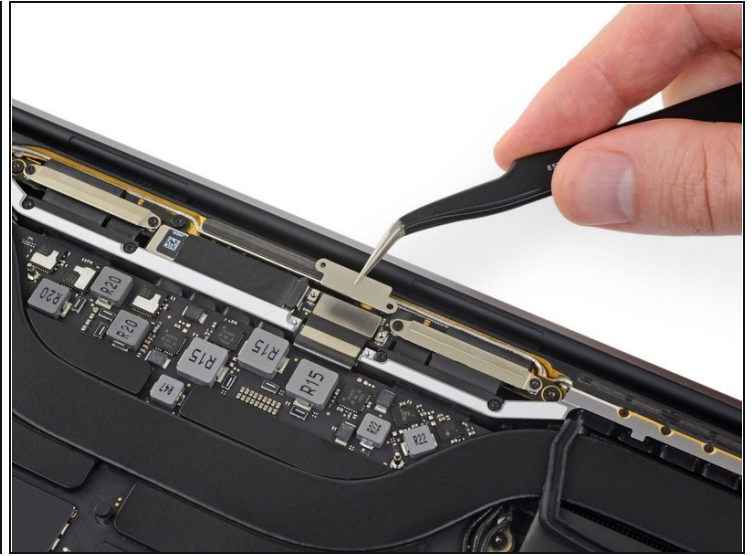
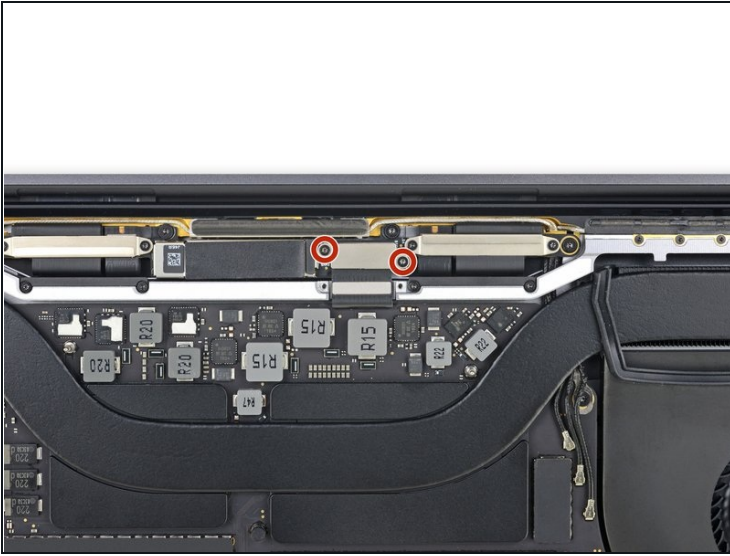
- Use your spudger to disconnect the keyboard by prying its connector straight up from the logic board.

Step 24



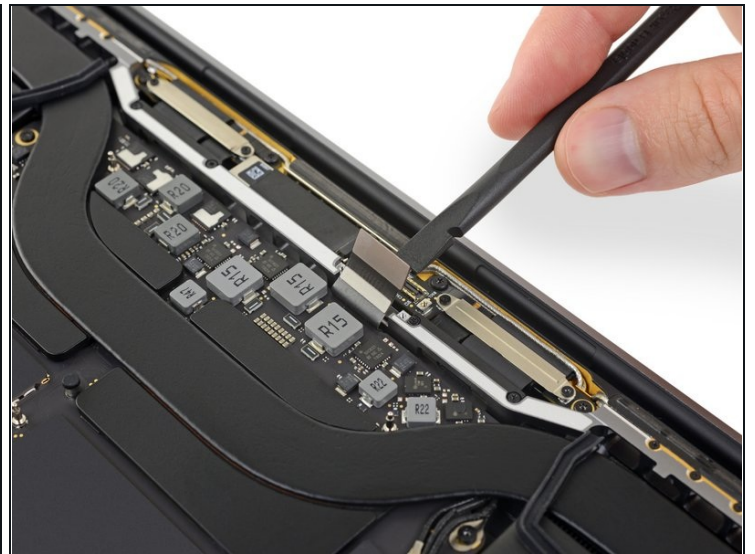
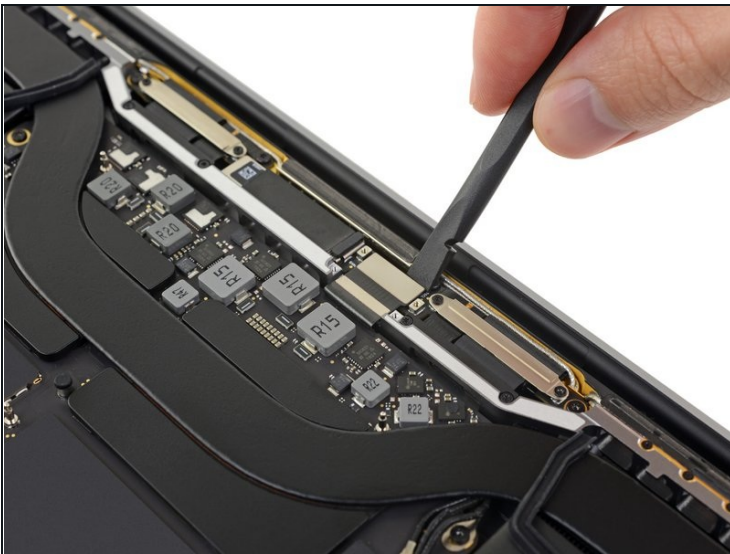
- Use a T3 Torx driver to remove the two 3.5 mm screws securing the cover on the display board flex cable.
- Remove the display board flex cover.

Step 25



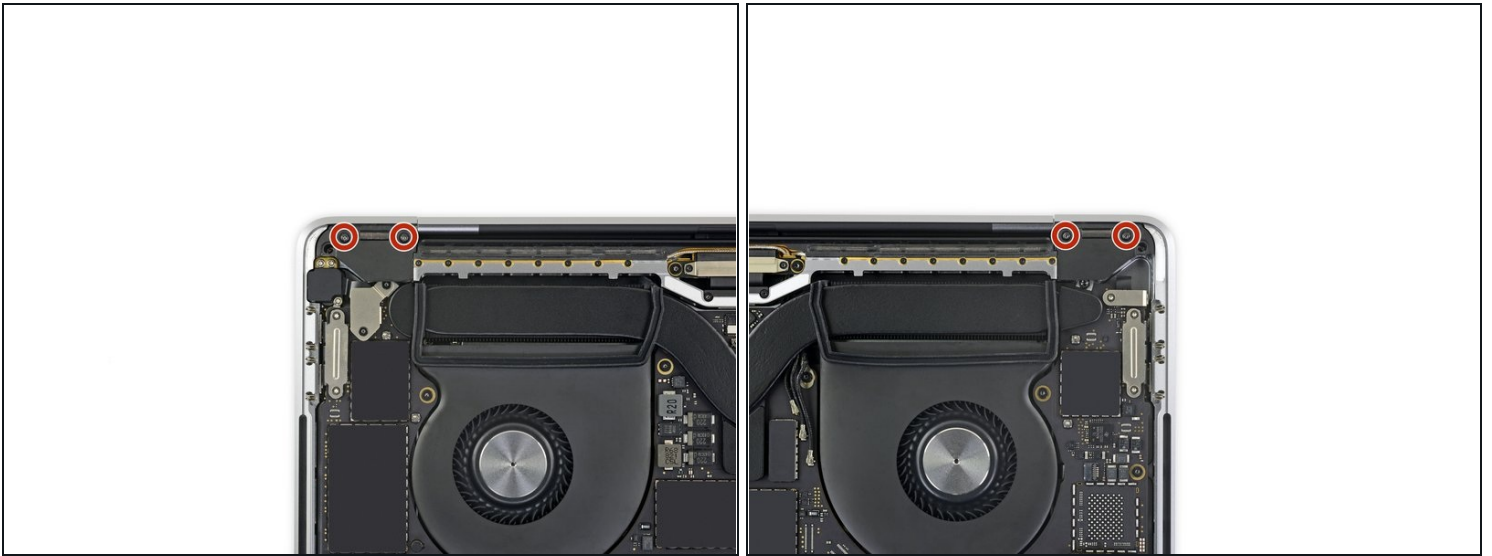
- Using a T3 Torx driver, remove the two 1.7 mm screws securing the bracket for the display board cable connector.
- Remove the display board cable connector bracket.

Step 26



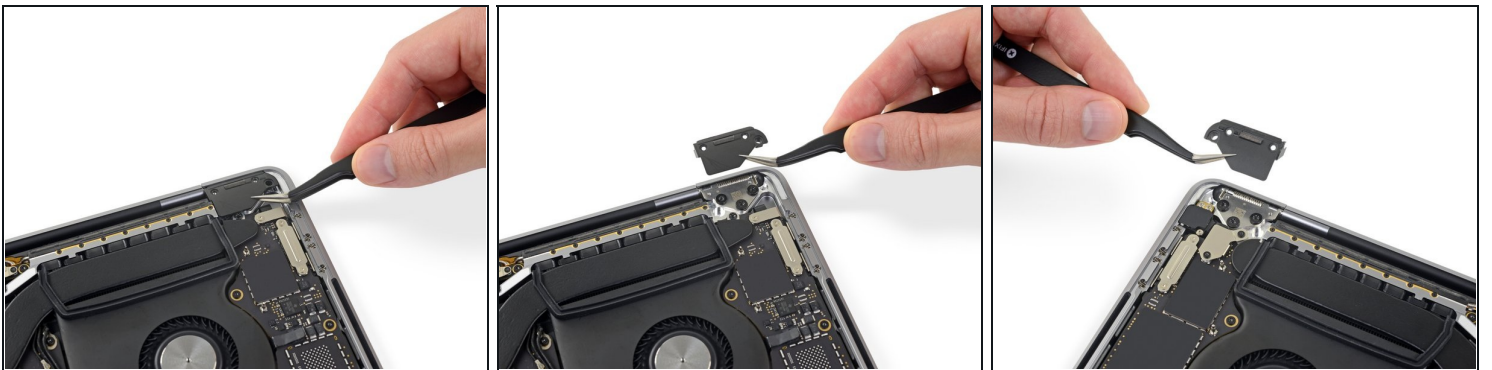
- Pry the display board flex cable straight up from its socket to disconnect it from the display board.

Step 27



- Use a T3 Torx driver to remove the four 2.0 mm screws from the hinge covers (two screws on each side).

Step 28



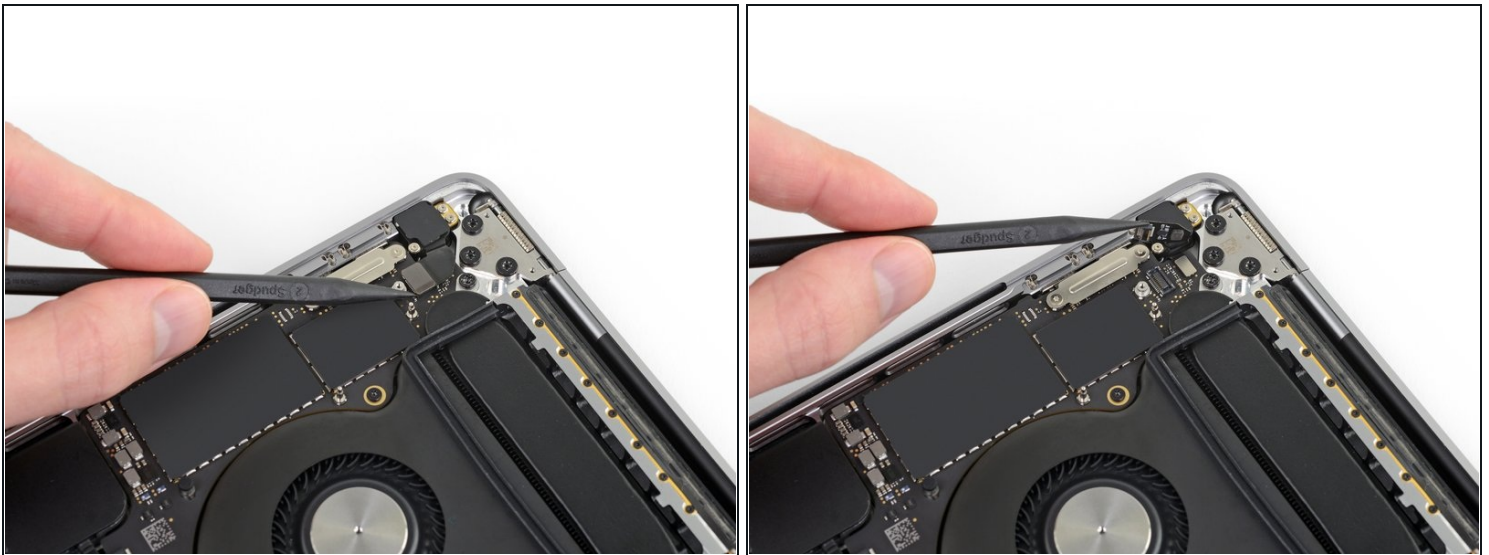
- Remove the two hinge covers.

Step 29



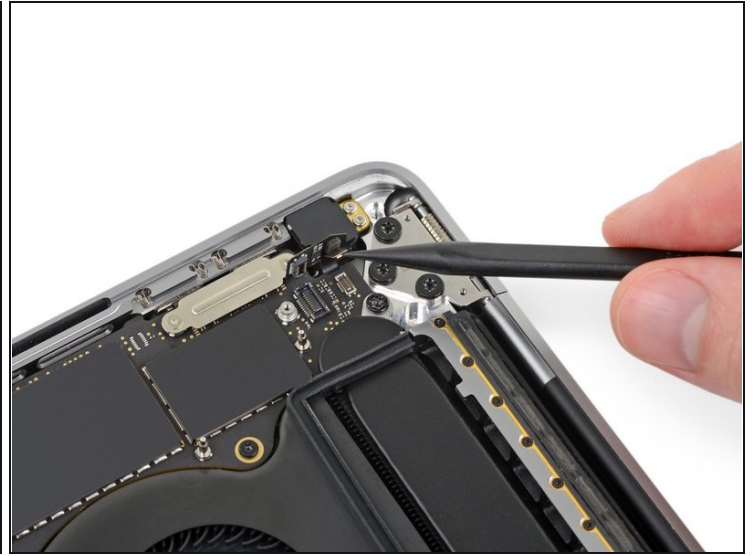
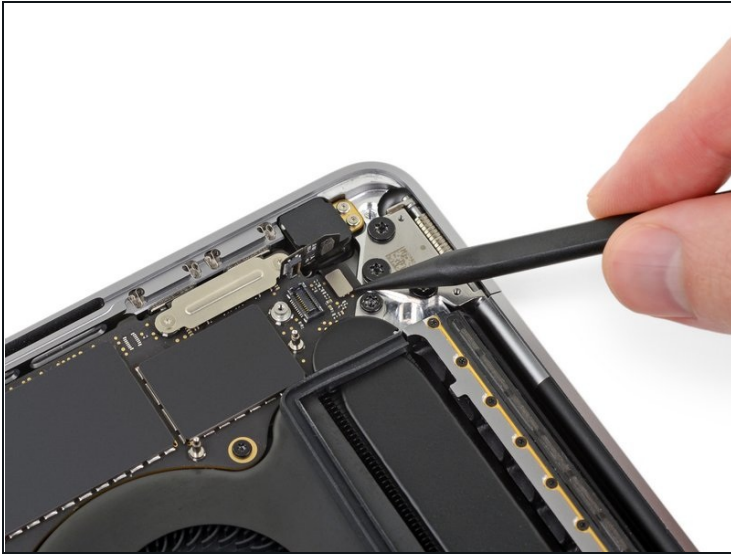
- Use a T3 Torx driver to remove the two 2.4 mm screws securing the cover bracket for the Touch ID and headphone jack cable connectors.
- Remove the bracket.

Step 30



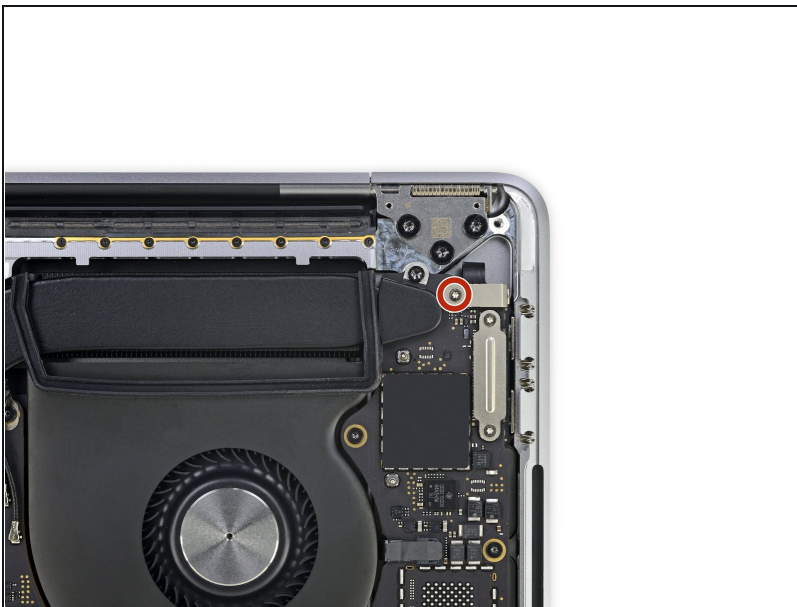
- Disconnect the headphone jack flex connector by prying it straight up from the logic board.

Step 31



- Disconnect the power button and Touch ID sensor by prying its connector straight up from the logic board.

Step 32



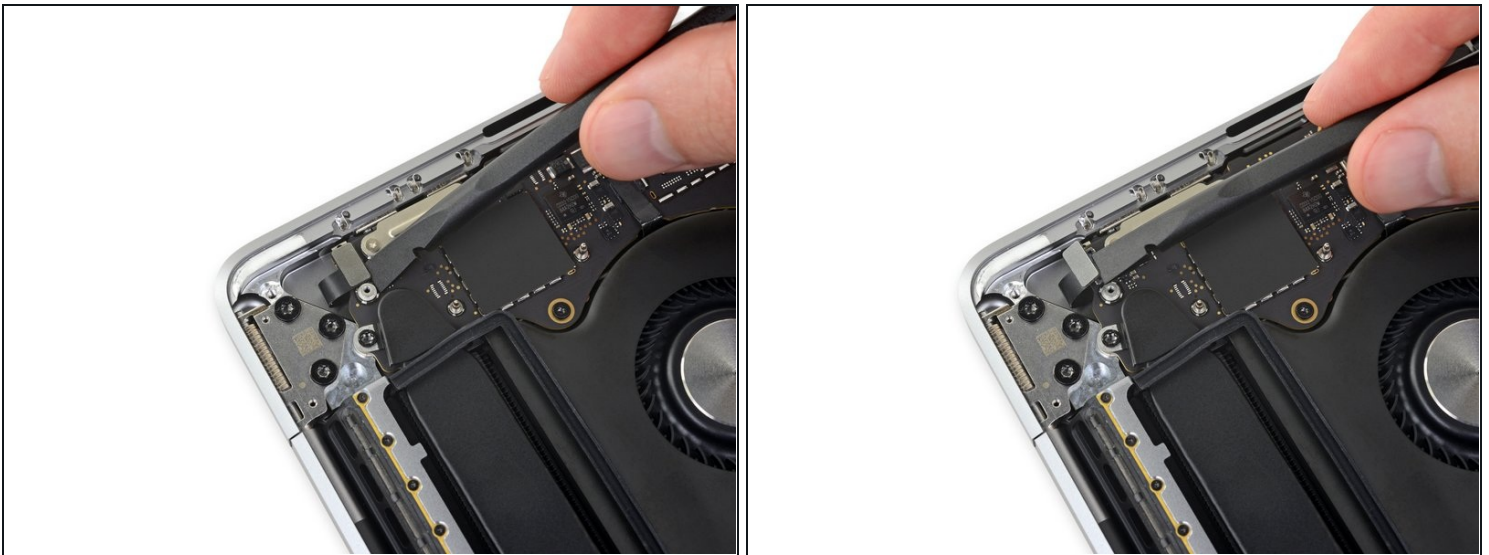
- Using a T3 Torx driver, remove the 1.3 mm screw securing the cover bracket for the Touch Bar digitizer connector.

Step 33



- Using your tweezers, slide the bracket toward the side edge of the MacBook Pro until it clears the slotted retaining tab on the logic board.
- Remove the bracket.

Step 34



- Disconnect the Touch Bar digitizer cable by prying it straight up from the logic board.

Step 35



- Use a T3 Torx driver to remove the two 1.9 mm screws securing the bracket for the Touch Bar display cable connector.
- Remove the bracket.

Step 36



- Disconnect the Touch Bar display cable by prying its connector straight up from the logic board.

Step 37



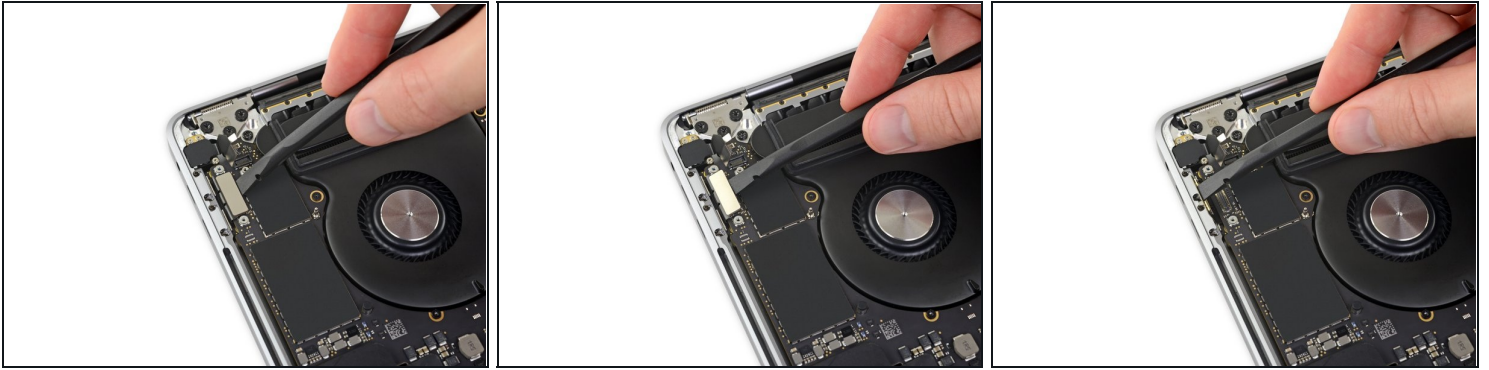
- Using a T3 Torx Driver:
 - Remove the two 1.3 mm screws securing the Thunderbolt flex cable cover on the left.
 - Remove two more 1.3 mm screws from the Thunderbolt cable cover on the right.

Step 38



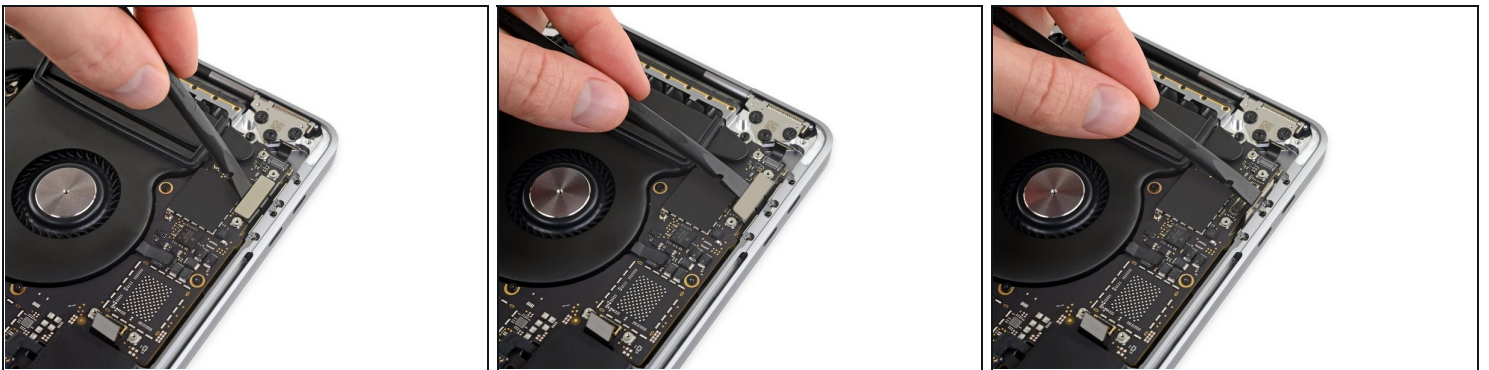
- Remove the cover brackets from both Thunderbolt cable sockets.

Step 39



- Use a spudger to disconnect the left-side Thunderbolt flex cable by prying it straight up from the logic board.
- Pry from the inside edge, nearest the fan.
- Gently push the flex cable connector off to the side so it doesn't interfere with logic board removal.

Step 40



- Repeat to disconnect the Thunderbolt flex cable connector on the opposite side.
- Carefully push the flex cable connector aside so there's clearance for the logic board to come out without snagging.

Step 41



- Disconnect the two speaker connectors by sliding the flat end of your spudger underneath each cable near its connector.
- Gently twist or pry up to disconnect both speakers.

Step 42



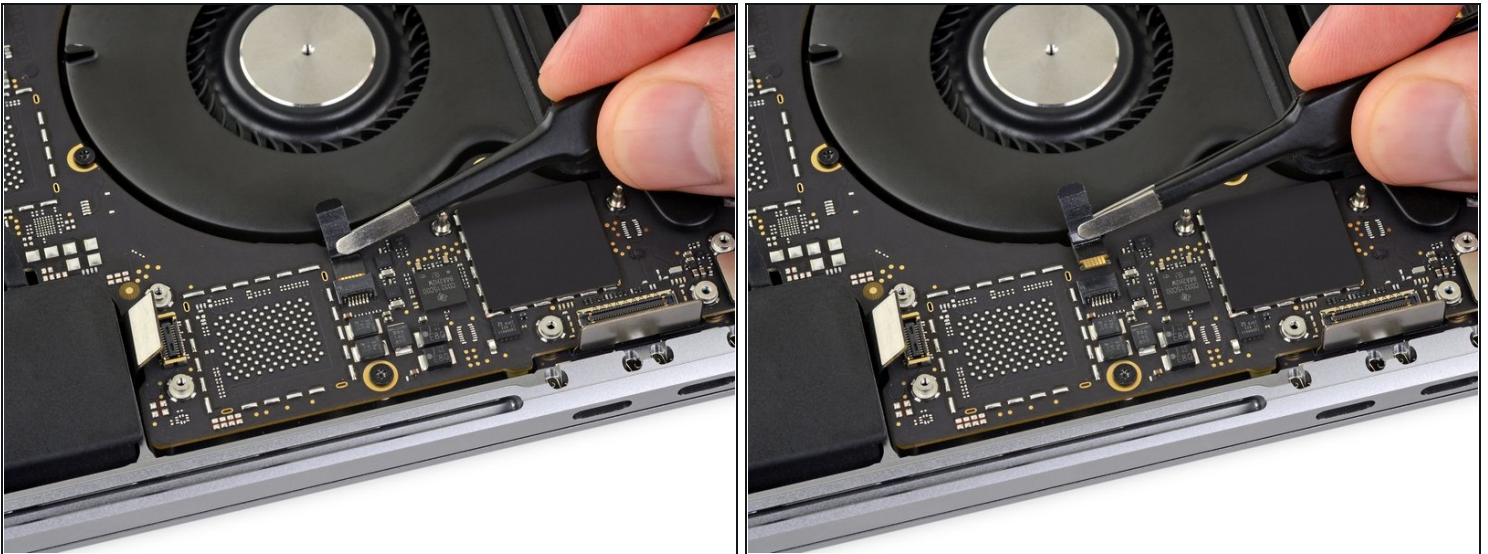
- Peel up any tape covering the microphone cable connector socket.

Step 43



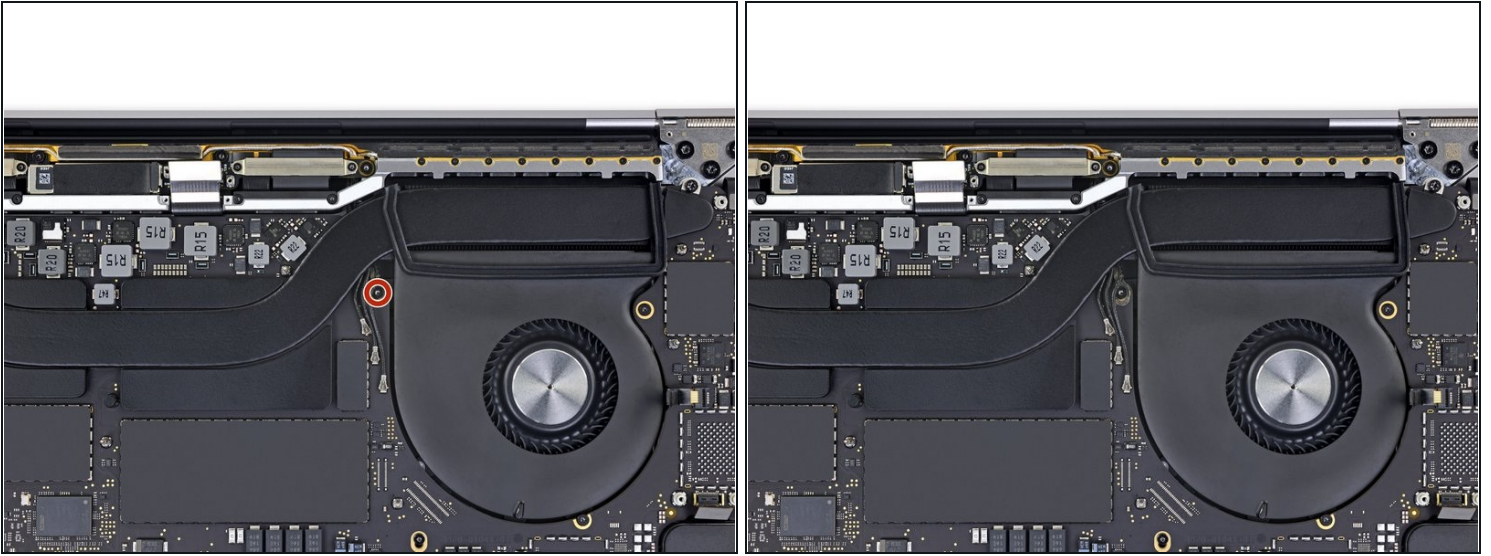
- Open the locking flap on the microphone cable's ZIF connector by prying it straight up from the logic board.

Step 44



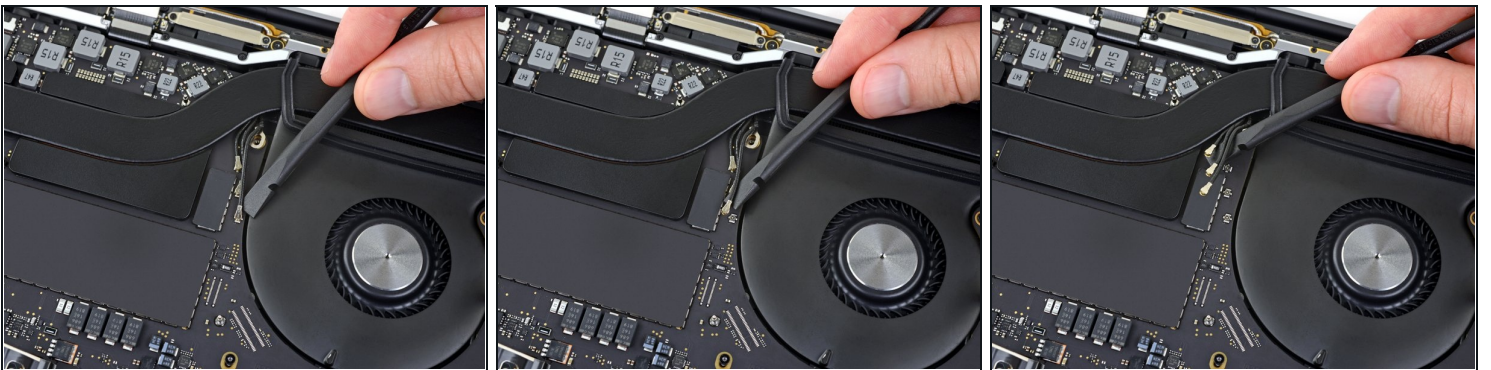
- Disconnect the microphone by pulling its cable toward the fan until it releases from its socket.
- If possible, pull on the tape attached to the cable, rather than the cable itself, to reduce the risk of damage.

Step 45



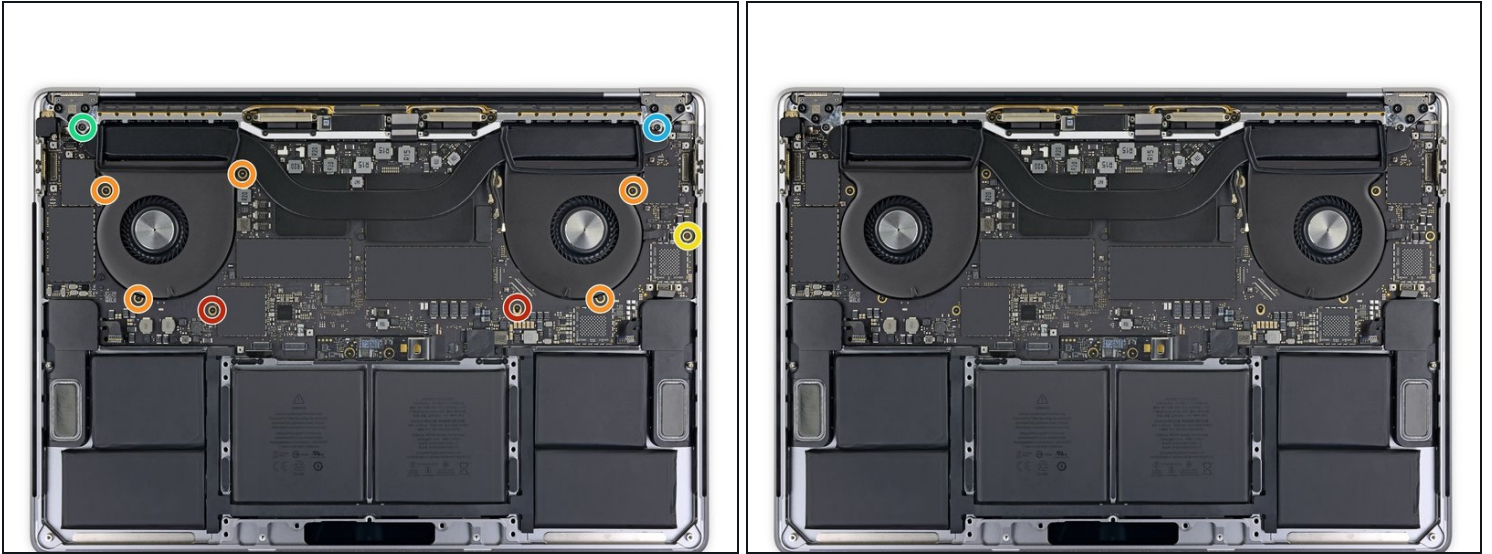
- Use a T5 Torx driver to remove the single 2.9 mm screw securing the antenna cable bundle.

Step 46



- Disconnect all three antenna cables by prying each one straight up from its socket.
 - Slide your tweezers or the flat end of your spudger underneath each cable until it's near the socket, and then gently twist or pry up to disconnect it.
- ☒ To reconnect each cable, align the connector directly over its socket, and then press down so it snaps into place.

Step 47

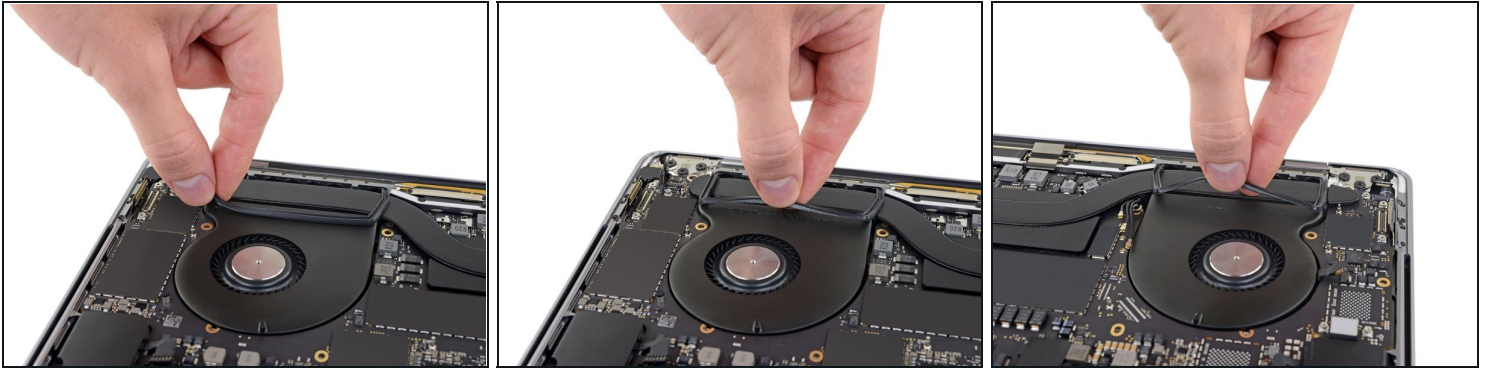


- Remove all ten screws securing the logic board assembly:

- Two 2.6 mm T3 Torx screws
- Five 2.9 mm T5 Torx screws
- One 3.7 mm T5 Torx screw
- One 3.9 mm T8 Torx screw (large head)
- One 4.0 mm T8 Torx screw

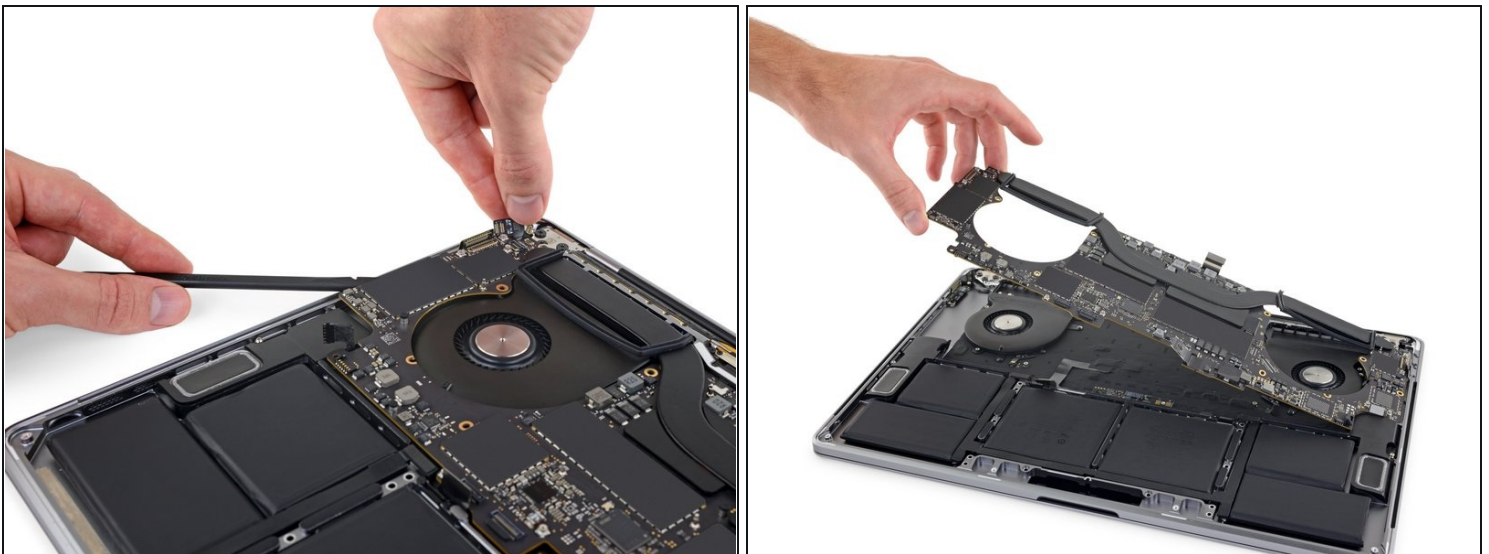
☐ During reassembly, install these screws only loosely. Adjust the board position if necessary until all the connectors line up, and then tighten the screws.

Step 48



- Peel up (but don't remove) the two rubber vibration damping strips from the adhesive holding them to the fans.
- If needed, apply mild heat with an iOpener, hair dryer, or heat gun to soften the adhesive and make the dampers easier to separate.

Step 49

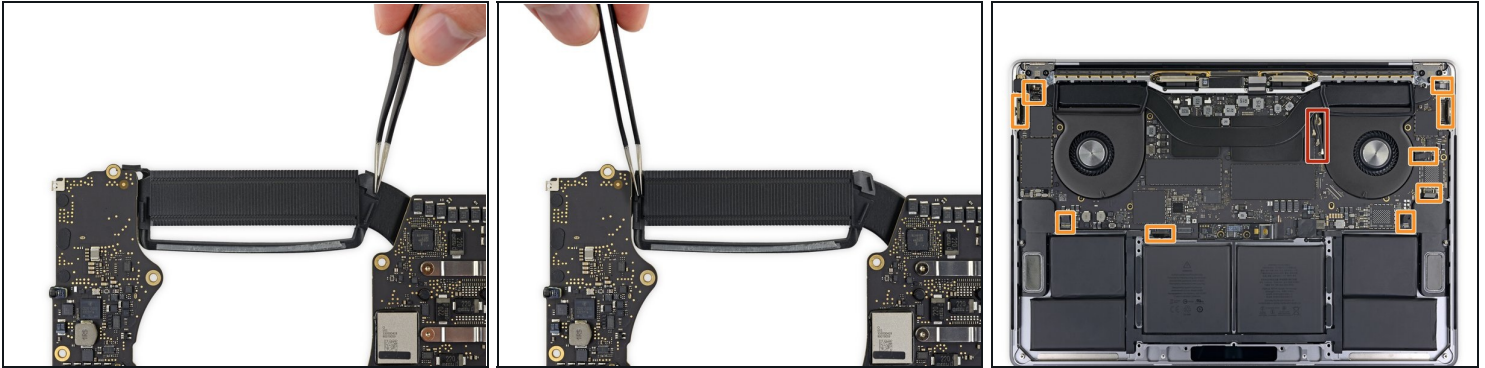


ⓘ The logic board assembly is a tight fit, but you can make it easier to remove by inserting a spudger under the left edge and levering it up slightly.

⚠ There should be no resistance as you remove the logic board. Check all cables carefully and hold them out of the way if needed so they don't snag on the board.

- Lifting from the left side, remove the logic board.

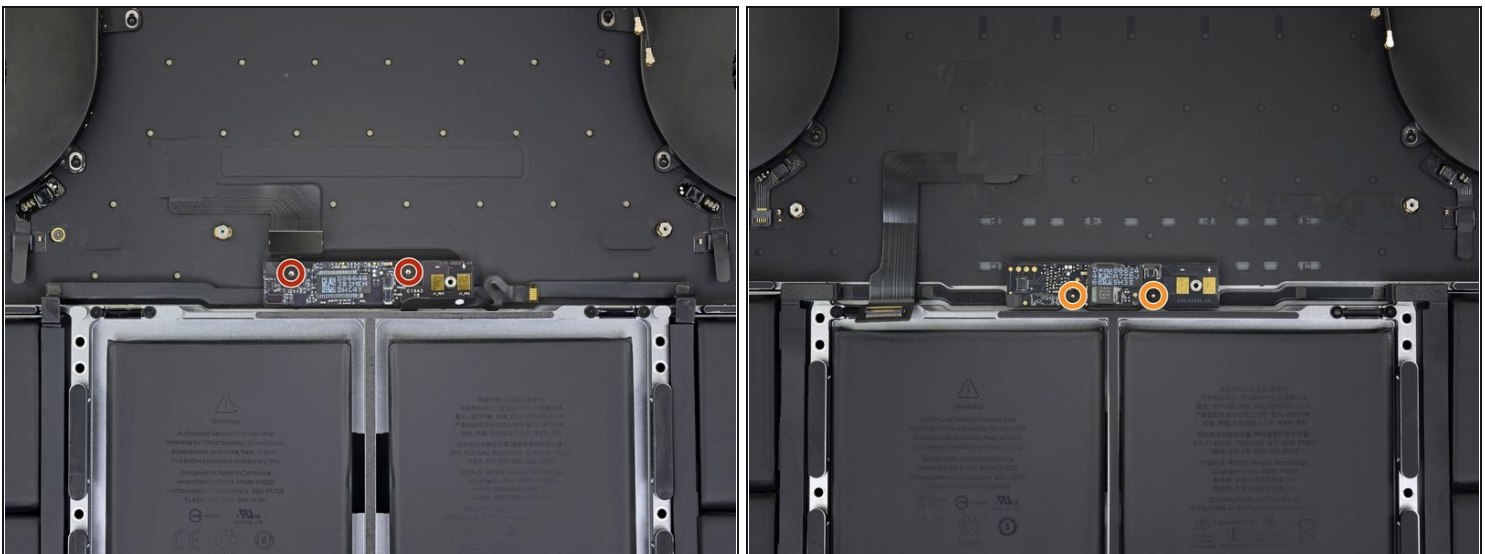
Step 50



☑ When reinstalling the logic board assembly:

- Check the alignment of the rubber vibration dampers, and adjust them as needed.
- Feed the antenna cable bundle through the gap between the logic board and heat sink, and make sure it lines up correctly as you lower the board into place.
- Verify that no cables get trapped under the board as you install it. Check each marked location carefully.

Step 51 — Battery



- Remove the two screws securing the battery board:
 - **2016-2017 models:** Use a T5 Torx driver to remove both 3.5 mm screws.
 - **2018-2019 models:** Use a P2 Pentalobe driver to remove both 3.2 mm screws.

Step 52



⚠ The liquid adhesive remover provided in your kit can damage the antireflective coating on your MacBook Pro's display, as well as the plastic keyboard keys.

- To protect your display, place a sheet of aluminum foil between the display and keyboard and leave it there while you work.
- Additionally, use painter's tape to seal off the area under the trackpad as best you can. Optionally, you may also layer an [absorbent towel](#) directly underneath the trackpad area to soak up any excess adhesive remover.

Step 53



- To control the flow of adhesive remover, raise the back edge (hinge side) of your MacBook Pro a few inches using a book or foam block.

Step 54



- Now that your MacBook Pro is fully prepped, it's time to prep yourself.

⚠ iFixit adhesive remover contains acetone, a mild skin and eye irritant.

- Wear eye protection when handling and applying the adhesive remover. (Eye protection is included in your kit.)
- **Do not** wear contact lenses without eye protection.
- Protective gloves are also included in your kit. If you are concerned about possible skin irritation, put your gloves on now.

Step 55



- Pull off the black rubber stopper from your bottle of adhesive remover.

⚠ Twist to loosen or remove the bottle cap before you cut the applicator tip.

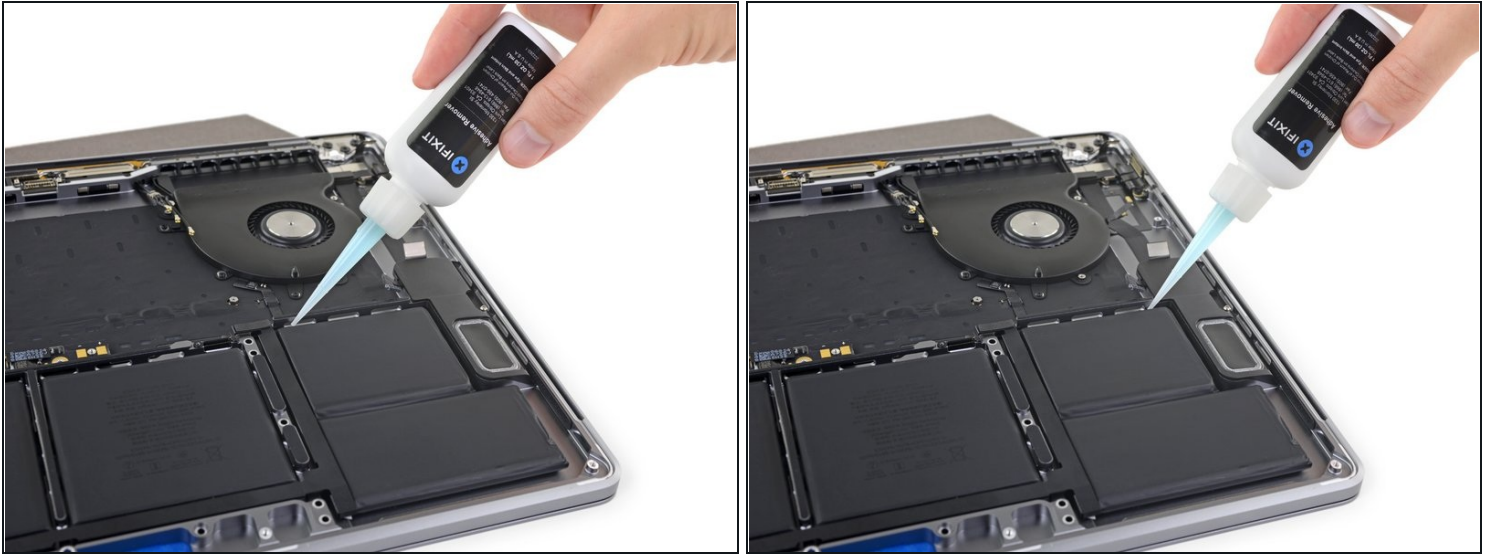
- ① This unseals the bottle and allows the pressure to equalize before you cut the applicator tip. **If you skip this step, the adhesive remover may spray out unexpectedly when the tip is cut.**

- Use scissors to cut off the sealed tip of the applicator.

- ① Cutting close to the narrow tip will give you better control so you can apply the adhesive remover in small amounts.

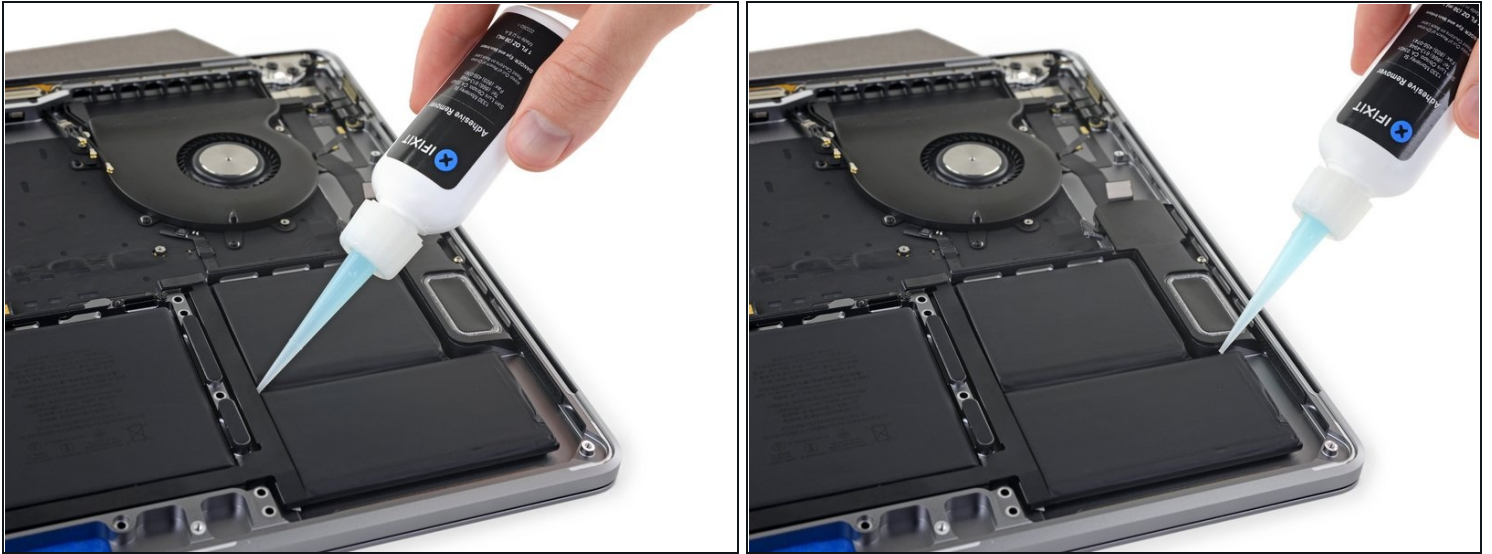
⚠ Twist and close the bottle cap securely before you proceed further.

Step 56



- Apply a few drops of adhesive remover underneath the two battery cells on the right, starting along the edge nearest the fan.
- ① You don't need to use very much. The small bottle contains more than twice the amount of solvent needed to remove all the battery cells.

Step 57



- Add a few more drops of adhesive remover in between the two battery cells on the right, so that it flows down underneath the lower battery cell.
- Wait about two minutes for the liquid adhesive remover to penetrate and weaken the battery adhesive before you proceed to the next step.

Step 58



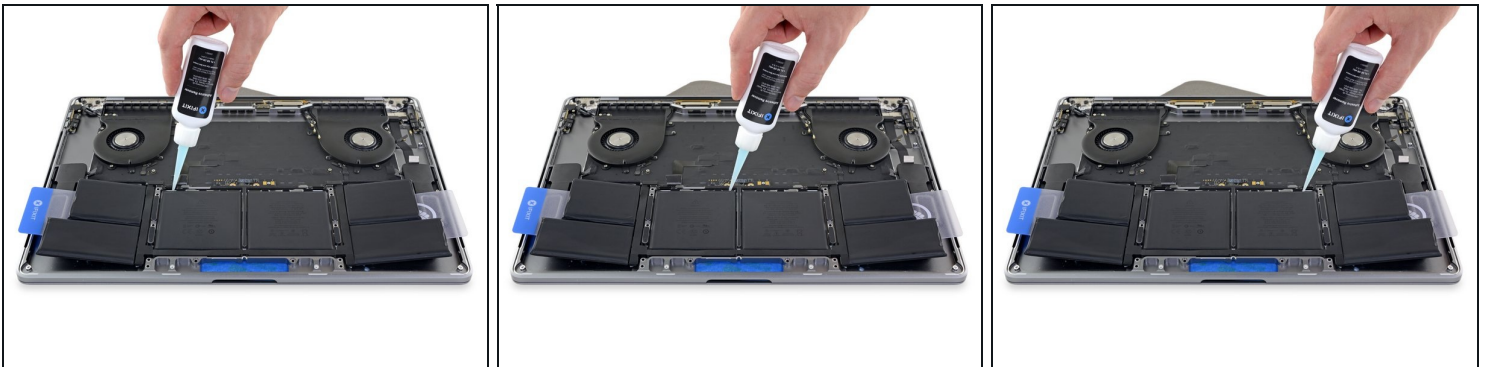
- After a couple minutes, insert one corner of a [plastic card](#) underneath the battery, starting from the lower edge of the bottom, right-most cell.
 - ⚠ This shouldn't require much force. If you have trouble, apply more adhesive remover and give it 2-3 additional minutes to penetrate.
 - ⚠ Try not to deform the battery. A damaged or punctured battery can leak dangerous chemicals and/or catch fire.
- Wiggle the card from side to side and slide it all the way underneath both battery cells.
- Lift the cells to fully separate the adhesive, but don't try to remove them from your MacBook yet.
- Leave the plastic card temporarily underneath the cells to prevent the adhesive from re-bonding as you proceed to the next step.

Step 59



- Switch to the left side of the MacBook Pro, and repeat the previous step to separate two more battery cells.
- Leave the second plastic card in place temporarily.

Step 60



- Apply a few drops of adhesive remover along the top edges of the two center battery cells.
 - ⓘ There are openings in the chassis underneath these two cells, which allow the adhesive remover to leak through and may prevent it from fully penetrating.
- Be mindful of leaks, and apply more adhesive remover along the side edges if needed.

Step 61



- After a couple minutes, retrieve your first plastic card and insert one corner under the top edge of one of the center battery cells.
- Wiggle it from side to side and slide it underneath the battery cell until all the adhesive separates.

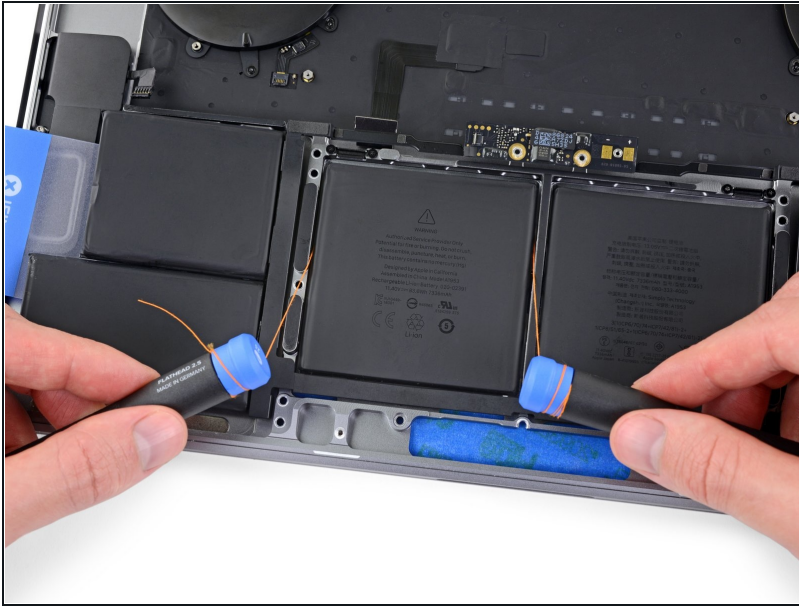
⚠ If you have trouble, don't use excessive force and don't deform the battery. Apply more adhesive remover and try again, or skip down two steps for an alternate method.

Step 62



- Retrieve your second plastic card and repeat the previous step to separate the remaining center battery cell.

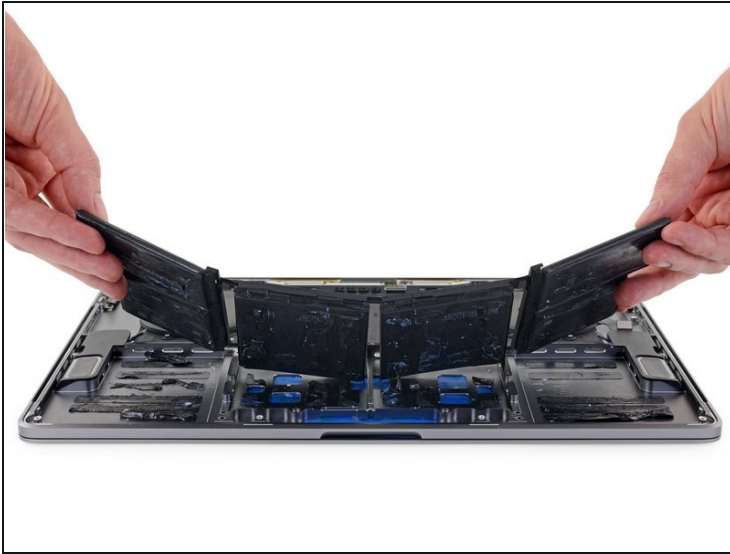
Step 63



- If you had trouble getting the card underneath any of the battery cells, try working a piece of floss or wire underneath the battery cell and pull it side-to-side in a sawing motion to separate the adhesive.

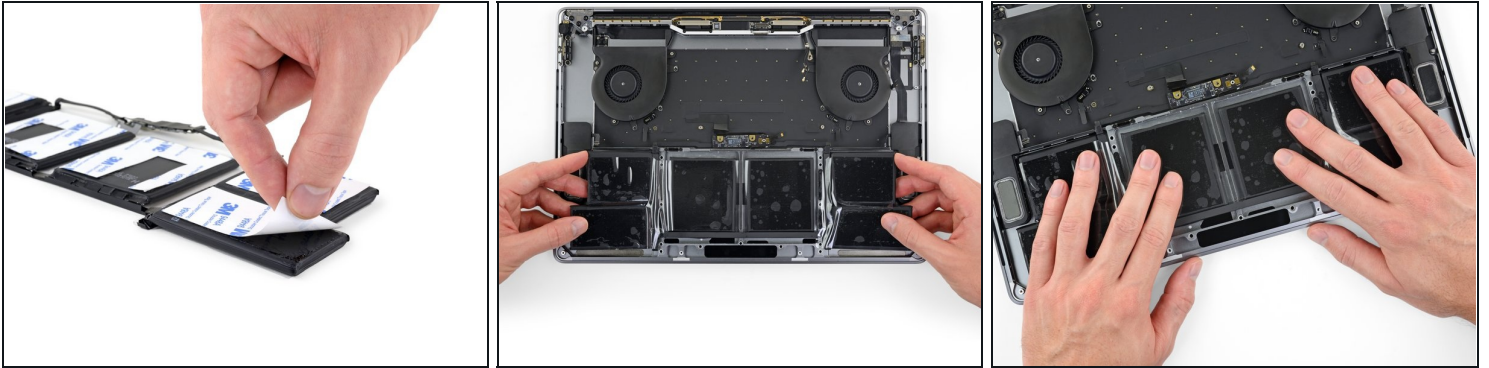
⚠ Wear thick gloves or wrap the floss around a couple of driver handles so as not to hurt your fingers.

Step 64



- Lift and remove the battery.
- ☑ Before installing a new battery, remove all remaining adhesive from the MacBook Pro's case.
 - Peel off any large strips of adhesive using tweezers or gloved fingers.
 - Scrape away any remaining chunks of adhesive with a plastic tool, and clean the underlying areas with adhesive remover or isopropyl alcohol. Wipe in one direction (not back and forth) until the chassis is clean and ready for your new battery.
- ⓘ This can take quite a bit of work, so be patient.

Step 65



- ☑ Double-check the fit and alignment of your new battery before sticking it down.
 - ⚠ On earlier models, be mindful of the [battery data cable](#) and make sure it doesn't get pinched or trapped under the battery board.
- If your battery came with adhesive pre-installed on the bottom, flip it over and carefully peel away the liner to expose the adhesive. If your battery did not come with adhesive, apply a thin double-sided adhesive tape such as [Tesa 61395](#) to keep your battery in place.
- Carefully position the battery and set it into place.
- Press and hold each cell firmly for 5-10 seconds to secure it to the lower case.

Step 66



- After your battery is properly positioned and installed, peel off and discard the clear plastic liner from the top.
 - ⚠ **Make sure the liner doesn't accidentally pull off any of the black battery component coverings. If needed, use tweezers to hold them in place as you peel off the liner.**
- [Calibrate](#) your newly installed battery: charge it to 100%, and keep charging it for at least 2 more hours. Unplug and use it normally to drain the battery. When you see the low battery warning, save your work, and keep your laptop on until it goes to sleep due to low battery. Wait at least 5 hours, then charge your laptop uninterrupted to 100%.
- ① If you notice any unusual behavior or problems after installing your new battery, you may need to [reset your MacBook's SMC](#).

To reassemble your device, follow the above steps in reverse order.

Take your e-waste to an [R2 or e-Stewards certified recycler](#).

Repair didn't go as planned? Ask our [Answers community](#) for troubleshooting help.